

# CRANIAL MOBILIZATION LEVEL I

**DATES: October 18-20, 2019      24 Contact Hours**

**LOCATION: MANUAL EDGE PHYSIOTHERAPY   6189 Lehman Dr #202   Colorado Springs, CO 80918**

**CLASS TIME: Fri-Sat 8:30-5:30, Sunday 8:00-4:30      Limited to 12 students      Tuition: \$725**

This class will consist of the specific evaluation and treatment of the cranial complex that is important for the function of the local cranial environment, as well as the systemic interactions related to the spinal dura and its associated levels, sacrum and pelvis, cranial nerves, interplay with the visceral system and the influence upon the musculoskeletal system as a whole. The cranial approach is based on the work of William Sutherland D.O. The power of this treatment approach to unlock previously stubborn areas of dysfunction will be demonstrated. This approach is indispensable if you treat patients with pain syndromes of the head, neck, TMJ, spine, abdomen and pelvis.

This 1<sup>st</sup> Cranial Mobilization class will cover the theoretical and practical-lab application of the following topics: principles of Osteopathy; components of the primary respiratory mechanism; anatomy of the cranial articulations, membranous and fluid systems; anatomy of the sacral and pelvic portions of the cranial dural system; mobility of the cranial and sacral systems; components of palpatory evaluation; palpation of the primary respiratory mechanism; types of cranial lesions; balanced membranous tension; still point; cervical compactations; sacral intra-osseous compactations; intracranial membrane release; frontals, temporals, and parietals; sphenobasilar compaction, torsion, sidebending-rotation, vertical and lateral shears; tentorium cerebelli release; equilibration of spinal dura; de-translation of C1; basilar expansion.

Objectives:

- Understand the basic history of Osteopathy and its' 4 principles as a paradigm for the body
- Understand the history of Osteopathic cranial technique and how it fits into the evaluation and treatment of the patient
- Understand the Primary Respiratory Mechanism (PRM) and its role in diagnosis and treatment
- Explain the goals and purpose of cranial treatment, and the interactions with the systems of the body
- Know contraindications to treatment
- Understand basic cranial mechanics, effects of dysfunction, and when cranial treatment is appropriate for the patient
- Have an introductory level proficiency in the utilization of drift, dialogue, and motion testing as a means of evaluation
- Perform a basic evaluation of the cranial vault and base using palpatory assessment, and formulate a specific diagnosis
- Provide an appropriate level of treatment, according to the specific diagnostic findings and immediate tissue response of the patient, to create a positive therapeutic response
- Perform a re-evaluation of the specific diagnostic findings to determine the effectiveness of your treatment
- Appropriately plan for the next treatment using the results of your re-evaluation and the response of the patient

**The Cranial Mobilization Level I class is recommended as an initial exposure to the manual proprioceptive 'feel' of tissue release and will be a requirement for taking successive Cranial Mobilization classes as well as the Visceral Mobilization and Functional Indirect Technique classes. A continuing series of more advanced Cranial Mobilization classes will be planned dependent upon the interest of the students. Certification is being explored for the Cranial Mobilization series.**

Classes will be taught by Tim Bonack PT, DOMP (C), Physical Therapist and Canadian Trained Osteopath. Tim has 35 years of experience as a Physical Therapist and 16 years as a Canadian Trained Osteopath. He holds an Adjunct Clinical Faculty position as an Assistant Clinical Professor at Rocky Vista University College of Osteopathic Medicine. Additionally, he has served on the International Jury of the Canadian College of Osteopathy and as a Clinical Preceptor for the New England College of Osteopathic Medicine. Tim has experience teaching numerous classes in Osteopathic Manual Therapy and specializes in the treatment of complex pain syndromes utilizing Osteopathic Manual Techniques applied to his Physical Therapy practice. Tim is the owner of Manual Edge Physiotherapy, a private practice in Colorado Springs, CO. Questions about this class or the series of classes can be directed to **Tim Bonack PT, DOMP(C)** at:

**Phone: 719-694-8342**

**E-mail: [info@manualedge.com](mailto:info@manualedge.com)**

## REGISTRATION FORM

(please print LEGIBLY as name will appear on course certificate)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Previous cranial training: \_\_\_\_\_

E-mail: \_\_\_\_\_ Phone: \_\_\_\_\_

**METHOD OF PAYMENT:** \$725 Check Enclosed \_\_\_\_\_ Credit Card \_\_\_\_\_

Credit Card # \_\_\_\_\_

Master Card \_\_\_\_\_ Visa \_\_\_\_\_

Expiration Date \_\_\_\_\_ 3-Digit Verification Number \_\_\_\_\_

Cardholder's Name (print) \_\_\_\_\_

Cardholder's Signature \_\_\_\_\_

Cardholder's Billing Address \_\_\_\_\_

**\*\* Credit card payment and registration may be faxed to Manual Edge Physiotherapy at 719-694-8347. Credit card payment to Manual Edge Physiotherapy for the class tuition will appear on your credit card billing statement.**

**\*\*Registration and payment Check payment may be mailed or faxed to Manual Edge Physiotherapy:**

**Manual Edge Physiotherapy 6189 Lehman Dr #202 Colorado Springs, CO 80918 Fax: 719-694-8347**

**CANCELLATIONS RECEIVED IN WRITING A MINIMUM OF 2 WEEKS PRIOR TO THE CLASS DATE WILL RECEIVE A REFUND MINUS A \$75 ADMINISTRATIVE FEE. ANY CANCELLATIONS RECEIVED AFTER 2 WEEKS PRIOR TO THE CLASS DATE OR FAILURE TO SHOW FOR A CLASS WILL FORFEIT THE ENTIRE COURSE TUITION. FULL COURSE TUITION WILL BE REFUNDED IN THE EVENT OF COURSE CANCELLATION DUE TO UNFORESEEN CIRCUMSTANCES OR LACK OF THE REQUIRED NUMBER OF STUDENTS TO MAKE THE COURSE VIABLE. WE CANNOT BE RESPONSIBLE FOR TRAVEL EXPENSES INCURRED IF A COURSE IS CANCELLED DUE TO UNFORESEEN CIRCUMSTANCES.**

Participation in any program that involves manual therapeutic assessment and treatment involves a risk of injury or flare up of pre-existing or underlying physical conditions. By applying to participate in this program, the applicant acknowledges and assumes the risk associated with participating in the laboratory sessions and agrees to hold Manual Edge Physiotherapy, all course instructors and assistants, and fellow participants harmless, indemnify, defend and free of liability from and against any damage or personal injury that might occur during or as a result of participation in this program. Furthermore, the applicant covenants to hold harmless, indemnify, and defend Manual Edge Physiotherapy, and all course instructors and assistants, from and against any use or misuse that applicant may make at any time of any knowledge or information that applicant derives from participation in this program. The applicant should carry adequate liability insurance which would be activated in the instance of the use or misuse of this knowledge or information. In the case that a problem arises with a participant during the course as a result of treatment by fellow students, the participant's head will be balanced by instructors / assistants following the course.

I acknowledge that I have read the Liability Release and agree to the statement.

Signature: \_\_\_\_\_